

M&IE Breakdown

**M&IE Rates within Conus**

	\$31.00	\$35.00	\$39.00	\$43.00	\$47.00	\$51.00
Breakfast	6.00	7.00	8.00	9.00	9.00	10.00
Lunch	6.00	7.00	8.00	9.00	11.00	12.00
Dinner	16.00	18.00	20.00	22.00	24.00	26.00
Incidentals	3.00	3.00	3.00	3.00	3.00	3.00
Flat 3/4 Rate:	\$23.25	\$26.25	\$29.25	\$32.25	\$35.25	38.25

Standard Conus Rate: **Lodging** + M&IE = Rate  
 (effective 10/1/04) **\$60.00** + \$31.00 = \$91.00

Per Diem:

12 Hour Rule: NO per diem is allowed for travel less than 12 hours or within the official duty station area (35 mile radius of official duty station).

Travel within one calendar day: NO per diem paid within a set mile radius to be determined by your LAO.

Travel of more than one calendar day: NO per diem when the travel is performed within a 35 mile radius of the employee's official duty station.

Link to Domestic Per diem rates:

<http://www.policyworks.gov/org/main/mt/homepage/mtt/perdiem/travel.htm>